

Royal Park Newsletter

Volume 3, Issue 4

May 2009

Top Ten in the World...

Special Articles of Interest

- Top Ten Record
- Restaurant Review
- Mystery or coincidence
- Royal Park Winner
- The Nagging Habit



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World Top Ten Cleanest Countries

Once again the Scandinavian Countries are amongst the top ten.

1. Finland
2. Norway
3. Canada
4. Sweden
5. Switzerland
6. New Zealand
7. Australia
8. Austria
9. Iceland
10. Denmark

Ten Largest Countries

In million square Kilometers

1. Russia 17.1
2. Canada 10.0

3. China 9.3
4. USA 9.2
5. Brazil 8.5
6. Australia 7.6
7. India 3.00
8. Argentina 2.7
9. Kazakhstan 2.7
10. Algeria 2.4

Ten Countries with Highest Life Expectancy

Indication in Years

1. Andorra 83.5
2. San Marino 81.6
3. Japan 81.2
4. Singapore 80.7
5. Australia 80.4
6. Switzerland 80.4
7. Sweden 80.4

8. Hong Kong 80.2
9. Canada 80.1
10. Iceland 80.1

Source: US Census Bureau - International Database.

Ten Most Populated Countries

2008 Estimates

1. China 1.33 billion
2. India 1.14 billion
3. USA 304.2 million
4. Indonesia 237 million
5. Brazil 196.3 million
6. Pakistan 172.8 million
7. Bangladesh 154 million
8. Russia 140.7 million
9. Nigeria 146.25 million
10. Japan 127.28 million

Ten Most Coffee Drinking Nations

Cups per capita (2002 data)

1. Finland 1,686
2. Denmark 1,374
3. Norway 1,372
4. Belgium 1,354
5. Sweden 1,249
6. Austria 1,065

7. Switzerland 1,017
8. Germany 988
9. Netherlands 915
10. France 831

Ten Most Ice cream Consumer Nations

Pints per capita (data 2003)

1. Australia 44.3
2. New Zealand 33.4

3. USA 33.0
 4. Sweden 28.5
 5. Canada 26.6
 6. Ireland 24.7
 7. Norway 24.3
 8. Finland 23.2
 9. Denmark 20.3
 10. Germany 20.01
- +++++

Royal Park Notice Board

New Insurance Agency for Royal Park

Owners Please note that the
new Insurance Agent is

SMITH WATSON PARKER

Owners still have to request
copies of Insurance
Certificates from EOI Direct

Toll Free: 1-877-456-3643

Or online at

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Royal Park Condominium Apartments, Inc.

MARCH 25, 2009

Proclamation of Recognition and Appreciation

To:

Ms. Linda Humphreys

For:

10 Years of Outstanding Service,

THANK YOU!

Thy Lee
BOARD PRESIDENT

Robert Dwyer
PROPERTY MANAGER

URGENT PLEA

As a result of trash (such as plastic bags, bottles, cups, mop heads, rags, rubber gloves, pieces of carpet) being continuously thrown into apartment toilets, the condo association must spend several thousand dollars each quarter to maintain our sanitary water disposal system.

With the above in mind, all residents are here-by urged not to throw trash of any kind in their apartment toilet, instead, to dispose in the building's trash chute.

Royal Park Condo Office Hours

**Monday – Friday
9:00 am – 5:00 pm**

Thursday 9:00 am – 7:00 pm

**Second Saturday of each
month**

8:00 am – 12:00 noon

Attention Residents

**NO FEEDING OF BIRDS,
DUCKS AND SQUIRRELS
IN OUR COMPLEX**

**IT IS YOUR HOME &
HOPEFULLY YOU
WANT TO KEEP IT
SAFE & CLEAN**

Volunteers Needed

**We Need Alternate Building
Reps and also Volunteers
to distribute the Newsletter
in their Buildings.**

**Please call the Condo Office:
954-739-6300
to register your name.**

**Thank You.
THE MANAGEMENT**



Royal Park Newsletter

May 2009 issue

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Fine Food For Hungry Thoughts - Part XI *Naim Naqi*

If it's that time of the month when you realize that lately you have been mostly carnivorous and would like to indulge in a lot of greens and salads to keep up with a balanced diet regimen your doctor ordered – so where will you go for under \$10 and 10 minutes from Royal Park to munch like the herbivores you see on the animal planet or to convince yourself that you are still an omnivore.

A hop-scotch distance from Royal Park **Sweet Tomatoes** is located at the NW corner of Andrews and Cypress Creek Road.

In Sweet Tomatoes food is made from scratch every day. The salad bar features over 50 fresh ingredi-

With 110 company-owned restaurants in 15 states Sweet Tomatoes has earned the reputation as #1 in fresh produce and salads, made – from-scratch soups, hot tossed pastas, freshly baked breads and muffins, fresh fruit, frozen yogurt, and more.

I am not an enthusiast of all you can eat places since quality is compromised with the profusion of quantity but here the food is light and healthy besides how fat you can get eating greens and fruit. The food is not entirely vegetarian as the name

biscuits & gravy, oatmeal, potatoes O'Brien, freshly baked cinnamon chip biscuits, muffins, make-your-own breakfast burritos, and more! All this in addition to the wide-ranging salad and soup bars.

Although it is a self-service restaurant it is advisable to leave a tip for the table attendant/service staff, especially if they bring you refills.

Sweet Tomatoes
6245 N Andrews Ave Ft. Lauderdale,
FL Phone: 954-771-7111

Souplantation & Sweet Tomatoes
salads • soups • bakery

ents, including specialty tossed and prepared salads. In addition, they serve original recipe hot pastas, hand-crafted soups, freshly made muffins, and Focaccia breads. In other words here you can create a meal tailored to your taste and needs while enjoying a relaxed lunch or dinner in an all-you-care-to-eat (or drink) dining experience.

The restaurant latest flyer say it all "YOU ARE WHAT YOU crEATe! Your palette: 55-feet of fresh veggies in every color under the sun - a little green here, a little cheese there - blend a couple of your favorite soups to make an original creation.

would suggest. In fact all vegetarian items are individually marked as such.

Some of the soups are very rich but there is always a choice of five and at least two of them would be vegetarian. Some of the popular ones are: El Paso Lime Chicken, Irish Potato Leek, Santa Fe Black Bean Chili, and Broccoli Cheese.

Salads: Caesar Asiago, Tuna Tarragon, Carrot Raisin. Pastas: Garden Vegetable w/Italian Sausage and of course the comfort food such as

Add peas to pasta. Put tomatoes on focaccia. Top muffins with frozen yogurt. Let your imagination go wild. All for a beautifully low price."

First Opened in 1978 in San Diego as "Souplantation" and credited by industry experts as being the first eatery brand to serve fresh and wholesome menu options. In 1983, Garden Fresh restaurant Corp. was founded by Michael Mack through the acquisition of the first two Souplantation restaurants and later adopted the name Sweet Tomatoes for new restaurants outside Southern California.



macaroni and cheese. Muffins: Chocolate Brownie Muffin, Quattro Formaggio Focaccia. Deserts: a repertoire of Fat Free Gelatin, Sugar Free Mousse, Low Fat Tapioca Pudding, yoghurt ice-cream with toppings and fresh fruit trays.

Different kinds of coffee, tea and soft drinks are available at the help-yourself-bar.

Since last year every Sunday from 9 to noon Breakfast menu is served featuring scrambled eggs, waffles,

THE BEST KIND OF SURPRISE

What's the best thing you can present to your family or friends or even your pet?
It isn't in a box or a shiny bag
And it never comes with a big price tag.
It puts a smile on every face
And makes the world a better place.
Come on, do you know?
Can you make a guess?

Yep, we're talking about the act of kindness!

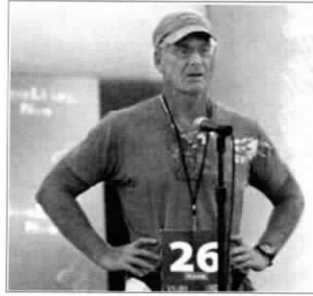
Written on a kid's happy meal bag from Chick-fil-A



Big People Spelling Bee takes on spoken words

Royal Park resident Arthur Kaufman of 118-1H was recently in the news when he won the first prize in the **Big People Spelling Bee** at The Galleria in Ft. Lauderdale. On April 25th Fifty-two adults ages 21 and over showed for the third annual spelling challenge and a chance to win the \$1,000 grand prize. The event raised money and awareness for **Reach-Out and Read Broward**, a program that promotes literacy to 18,300 children at pediatric offices country-wide.

Arthur Kaufman who defeated Alan Sokal of North Miami Beach as a runner up after a 2 ½-hour battle following a multiple word showdown with the last man standing. He knocked all other spellers out of the game over words like *denouement*, *loquacious*, *pirouette*, and *blather-*



Arthur Kaufman
Photo courtesy of
EILEEN SOLER, THE MIAMI HERALD

skite and finally his winning spelling word was "poltergeist" - Congratulations! Arthur.

If you know any other talented adult or child residing in Royal Park and would like to share their story please let us know.



Chinese Proverbs

Love is like war, easy to begin but hard to stop.

The problems of today will soon be buried by the sand of time.

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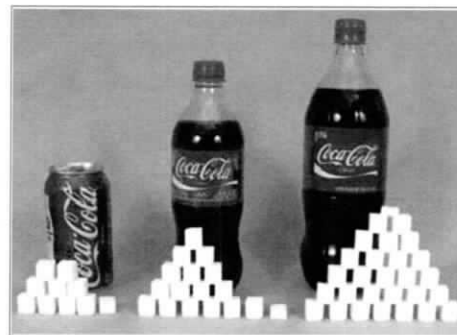
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Call: **Jeff Jacobs**

954-560-0162

inhometroubleshooting@comcast.net
Royal Park Resident



Sugar Level

A picture is worth a thousand words



The Power of Prayer

In a small town, a person decided to open up a brothel, which was right opposite a church. The church & its congregation started a campaign to block the brothel from opening with petitions and prayed daily against his business.

Work progressed. However, when it was almost complete and was about to open a few days later, a

strong lightning struck the brothel and it was burnt to the ground.

The church folks were rather smug in their outlook after that, till the brothel owner sued the church authorities on the grounds that the church through its congregation & prayers was ultimately responsible for the destruction of his brothel, either through direct or indirect actions or means.

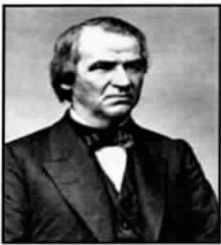
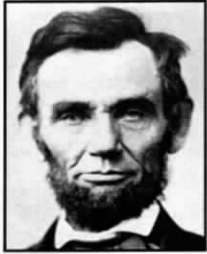
In its reply to the court, the church

vehemently denied all responsibility or any connection that their prayers were reasons for the act of God.

As the case made its way into court, the judge looked over the paperwork at the hearing and commented:

"I don't know how I'm going to decide this case, but it appears from the paperwork, we have a brothel owner who believes in the power of prayer and we have an entire church that doesn't."

History's Mystery or An Amazing Coincidence



Have a history teacher explains this----- if they can

Abraham Lincoln was elected to Congress in 1846.
John F. Kennedy was elected to Congress in 1946.

Abraham Lincoln was elected President in 1860.
John F. Kennedy was elected President in 1960.

Both were particularly concerned with civil rights.
Both wives lost their children while living in the White House.

Both Presidents were shot on a Friday.
Both Presidents were shot in the head

Now it gets really weird...

Lincoln's secretary was named Kennedy.
Kennedy's Secretary was named Lincoln.

Both were assassinated by Southerners.
Both were succeeded by Southerners named Johnson.

Andrew Johnson, who succeeded Lincoln, was born in 1808.
Lyndon Johnson, who succeeded Kennedy, was born in 1908.

John Wilkes Booth, who assassinated Lincoln, was born in 1839.
Lee Harvey Oswald, who assassinated Kennedy, was born in 1939.

Both assassins were known by their three names.
Both names are composed of fifteen letters.

Now hang on to your seat...

Lincoln was shot at the theater named 'Ford'.
Kennedy was shot in a car called 'Lincoln' made by 'Ford'.

Lincoln was shot in a theater and his assassin ran and hid in a warehouse.
Kennedy was shot from a warehouse and his assassin ran and hid in a theater.

Booth and Oswald were assassinated before their trials.

And here is the kicker...

A week before Lincoln was shot, he was in Monroe, Maryland
A week before Kennedy was shot, he was with Marilyn Monroe!





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Nous Parlons Francais - Royal Park Resident

In Memoriam



Robert Miller

Resident of 116-3E passed
away on February 26, 2009

Robert was a long term resident
and also served on the Board
many years ago. He will be
missed by friends and
fellow bridge players.
He was also a retired veteran.



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THE NAGGING FACTOR

According to a recent survey most failed marriages in the Western developed nations like United States, Canada and Great Britain had **The Nagging wife factor** as the most common denominator.

Whereas this was the lowest reason on the totem pole in Eastern and African civilizations where man's domination is expected and accepted as part of culture and religion.

Even Dr. Laura in recent talk shows have come out strongly at callers who she deems as perpetual naggers and advises them to consider

**The Shortest Sentence
Is "I Am."
THE LONGEST IS "I DO"**

more love and affection and less complaints if they want to keep their husbands still interested in them and their marriage.

New Seat Belt law



She strongly recommends women to take control of their marital discourse by reviewing the root cause of the problems and changing old habits to new behavior and loving environment otherwise get ready



"SHE'S DOING ALL THE DRIVING. I'M JUST THE ONE BEHIND THE WHEEL."

for their men to stray. She also advises couples to listen to each other rather than talking over each other as often the small things that makes the difference between deep misunderstanding and a harmonious, loving relationship.

Hopefully a few habitual naggers will take heed. If you know one then let them have a copy of this.

Fast Facts

*** Every Year 36,000 people die in auto accidents in USA, that's roughly 100 per day.

*** Every 10 seconds an animal is abused or killed in USA.

*** The oldest woman to give birth is a 70-year-old Indian woman, her name is Omkari Panwar, and she is the oldest mother giving birth to twins.

HARD TIMES

WE KNOW TIMES ARE HARD BUT SOME CATS DO GET DRAMATIC

Photo Taken somewhere in the Far East.



Play Time with Daddy

Daddy's little helper

